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THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

COLINA DEL SOL RECREATION CENTER ACTIVITIES PROGRAM



SPRING/SUMMER 2006 YOUTH ACTIVITIES

TEEN CENTER

Our community now has a Teen Center open daily from 2:30 pm to 6:00 pm. Activities include sports activities, field trips, games, a Teen Council movies and a center to kick back in!

WEEKLY SCHEDULE:

Monday Hot Topic Discussion Group
Tuesday Teen Youth Council
Weight Lifting
Wednesday Game Tournament
Thursday Weight Lifting.
Friday Movie Day

YOUTH CERAMICS

This class teaches ceramic fundamentals, including pouring molds, cleaning your pieces and painting them.

Day: Monday
Time: 4:00 pm - 5:30 pm
Ages: 10 - teen
Cost: Free
Class size limited to 12 students



AFTER SCHOOL PROGRAM

We will offer a daily after school program for youth. The program is sponsored by the YMCA and includes homework study hall, crafts and field games.

Days: Monday Friday
Time: 3:30 pm - 5:00 pm
Ages: 8 - 12 years old
Cost: Free
Registration: Daily



YOUTH SOFTBALL/BASEBALL SPONSORED BY STAR/PAL

We will offer a summer girls softball and boys baseball program.

Boys: 9 - 12 years old

Girls: 9 - 12 years old

Cost: Free

Registration: Starts in June.

Volunteer Coaches Needed!



COLINA SPRING BASKETBALL

We will offer a spring basketball program for boys and girls.

Games: Saturday

Time: 4:00 pm - 6:00 pm

Ages: 11 - 14 years old

Cost: \$25.00

(uniform cleaning deposit)



FREE GIRLS SPORTS PROGRAM

We will offer a girls sports program during the Fall and will offer Volleyball league play.

Registration: Starts in September

Ages: 10 - 12 years old



FREE FALL FLAG FOOTBALL

Colina Park and Recreation staff will be offering a Youth Flag Football team play, this practice will start in September 2006.

Ages: 11 - 12 years old

Day & Time: T.B.A.



FREE SUMMER LUNCH

Begins June 21, 2006

Ages: 1 - 18 years old

Day: Monday - Friday

Time: 1:00 pm - 2:00 pm

TENNIS LESSONS

Beginner/Intermediate lesson provided by a trained and certified instructor.

Ages: 5 - 17 years old

Day: Saturday

Time: 9:00 am - 1:00 pm

Cost: \$20.00/month



GIRLS SUMMER BASKETBALL CAMP

We will offer a girls basketball camp teaching basketball fundamentals.

Registration is limited to first 25 girls.

Ages: 9 - 12 years old

Day: Monday, Wednesday, Friday

Time: 1:00 pm - 4:00 pm

Cost: \$25.00

July 10 - August 22, 2006



ADULT ACTIVITIES

ADULT CRAFTS AND CERAMICS

Learn several different crafts from holiday ornaments to plastic canvas. We also offer ceramic instruction for adults.

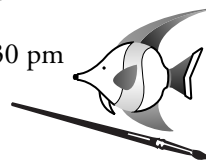
Registration: Monthly

Day: Monday

Time: 6:00 pm - 7:30 pm

Ages: 18 & up

Cost: \$8.00/month



ADULT TENNIS LESSONS

Our tennis instructor provides lessons for adults at our tennis facility.

Level 2: Tuesday

Beginners: Thursday

Time: 6:00 pm - 7:30 pm

Cost: \$30.00/month



PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

GENERAL INFORMATION

EQUIPMENT CHECK-OUT

Sports equipment, table and board games can be checked out with, I.D. card or Drivers License, free of charge. School age children use school I.D.



FACILITY

Our center has a full size gymnasium, meeting room, craft room, ceramic room, full size kitchen, out door tennis and basketball courts, tot lot, baseball field and tow soft ball fields. We also have 22 acres of open space.

REGISTRATION

Please sign up promptly, as registrations for all activities are a first come first serve basis. Registration is for the month unless otherwise noted in the program.

ADVISORY BOARD

A citizens advisory group, made up of involved community members and representatives which use our facilities, meets at 6:00 pm, on the third Wednesday of every other month. This group of volunteers advises the centers staff on community events and recreational programs. Meetings are open to the public, our next meeting will be in July.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 685-1324.



www.sandiego.gov

NEIGHBORHOOD PARKS AND JOINT USE FIELDS

The following parks and fields are available for reservations. Please contact staff at Colina for details on where and how to attain a permit.

Clay Neighborhood Park and Joint Use Field 4767 Seminole Drive
Montezuma Neighborhood Park 4929 Catoctin Drive

Horace Mann Joint Use Field 4345 54th Street

Hardy Elementary Joint Use Field 5420 Montezuma Road

RECYCLING FOR RECREATION

A recycling bin is located in the Orange Avenue Parking Lot. Glass, plastic and paper is all accepted. All funds raised through this program go back into the recreation center for improvements and programs.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call Stacey Lo Medico, Deputy Director CPII Division, (619) 685-1306.



HOURS OF OPERATION

Monday	1:00 pm - 8:00 pm
Tuesday	1:00 pm - 8:00 pm
Wednesday	12:00 pm - 8:00 pm
Thursday	1:00 pm - 8:00 pm
Friday	1:00 pm - 6:00 pm
Saturday	10:00 am - 4:00 pm
Sunday	CLOSED

HOLIDAY CLOSURES

Monday, July 4	Independence Day
Monday, September 5	Labor Day

STAFF

Area Manager	Tom Simpson
Center Director	Keith A. Selby, J.D.
Recreation Leader I	Tom Alvarado
	Eleni Frangos
	Jolene Rich
	Ronald Hill
Maintenance Staff	David Astorga
	Onita Daily

TEEN CENTER

Recreation Leader II	Lisa Irving Ramirez
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SPECIAL EVENTS

CELEBRATE THE FAMILY

Date: Monday, July 3, 2006
Come join us and enjoy food, entertainment and games.
Place: Colina del Sol Park
Time: TBA
Costs: Free

